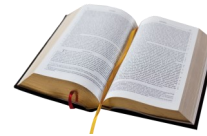


This week's service

Sunday 30th July 2023

Welcome to today's
Joint Minster Service with Holy Communion
led by Rev Patrick Douglas

This week's reading



Matthew 13
31-33, 44-52

A thought from Patrick

The Kingdom of God is.....?

Jesus's teaching in Chapter 13 has lots of challenges within it for us, and he is teaching in Parable so that we must do some working out, some thinking, 'what does this mean what will I do about this'.

This week we have 4 short snappy little parables from Jesus all about the kingdom of Heaven (God) – where is it – what is it like - what is it worth to you to have, to be part of what effort are you willing to put into seeing it come a reality here and now?

Prayer for the week

Lord God,
your Son left the riches of
heaven
and became poor for our
sake:
when we prosper save us
from pride,
when we are needy save us
from despair,
that we may trust in you
alone;

Yeast and flour

Today's reading reminded me of the sourdough bread that I've been making recently.

With ultra processed food being in the news I have been trying to reduce the amount of processed food that we eat at home.

Put simply, ultra-processed foods are those that have been made in a factory, include five or more ingredients including sugar, fat and salt, but also anti-oxidants, stabilisers and preservatives.

Whereas processed foods are defined as simple products containing two or three ingredients which have sugar, fat or salt added to them.

Sourdough bread only has three ingredients — flour, water and salt. I have made my own sourdough starter (it took 5 days to produce) and have so far made three batches of bread.

If you want to have a go at making sourdough bread yourself this is the recipe I used:

[Sourdough starter recipe](#) | [BBC Good Food](#)



Church diary for the next month

Thursday 3rd August
7pm Prayer meeting
 3 Sharpwood Manor

Saturday 5th August
4.15pm Visiting Ringers
 (should be worth listening to!)

Sunday 6th August
10:45 Morning Worship
 led by Sandra O'Toole

Sunday 13th August
10:45 Morning Worship
 led by Sandra O'Toole with Debbie Patrick preaching

Sunday 20th August
10:45 Morning Worship
 with Rev Mike Firbank

Sunday 27th August
10:45 Morning Worship
 with Rev Bex Allpress

Cleaning Rota

Please clean the church before the date marked.

Please swap with someone else on the rota if you cannot clean during your week.

The toilets will be cleaned weekly by Sean & Sandra

6 th Aug	Jane
13 th Aug	Bill
20 th Aug	Brian Redfern
27 th Aug	Val & Andy
3 rd Sept	Nige & Deb
10 th Sept	Christine
17 th Sept	Jane

Refreshments Rota

It's a real blessing to be able to spend time chatting with one another after the service. We have a rota for serving tea & coffee.

Please swap with someone if you cannot do a particular date. Please bring the milk. Thank you

30 th July	James
6 th Aug	Maxine & Jane
13 th Aug	Christine
20 th Aug	Deb W & Alicia
27 th Aug	Carol
3 rd Sept	James
10 th Sept	Maxine & Jane
17 th Sept	Christine



You may have noticed a lady in and around the church wearing 17th Century costume – her name is Catherine Rogers and she lives at Hartshorne Upper Hall, next to the church. On September 16th, as part of Heritage Open Days, you will have the opportunity to have a look round this fascinating early 17th-century timber-framed manor house and its outbuildings. There will be guided tours from 2pm to 5pm but you do need to book.

Saturday 16th September
heritage open days



Booking Contact: Catherine Rogers
Call: 01283 222797
Email: c17lady@gmail.com

St Peter's Church will also be open on the same day, 10am - 4pm.

We will be holding guided tower tours to see the clock room and the bells.

Old books, documents and photographs will be on display.

Refreshments available.

For more information visit the Heritage Open Days website

[Search events](#) | [Heritage Open Days](#)

